

The Big Stretch Yoga Centre's 10<sup>th</sup> Annual Summer Big Retreat, August 1- 3, 2014

**Early bird booking discount: Register with payment in full by May 15th, 2014 and pay only \$385 + HST.**

Your Big Retreat - begin or deepen your practice of Yoga with asana, pranayama and meditation classes. Free time to swim in the lake, read, bonfire, reconnect with nature on a hike or just lay back, relax and enjoy the views will complement this time of learning, healing, inspiration & rejuvenation. For more details: [http://bigstretchyoga.com/retreats\\_retreats.php](http://bigstretchyoga.com/retreats_retreats.php) or contact Joanne at 416-486-4448